

## Commodity Supplemental Food Program

1. You may select your closest site, but must return there every month.
2. Program for low income seniors, pregnant women, children under 6 and postpartum women. NO ONE MAY BE ON WIC.

Distribution Day	Distribution Hours	Participants served	Site name	Address	City	Zip
1st Monday	NO DISTRIBUTIONS					
1st Tuesday	9:00-12:00 & 1:00-3:00	Women, Children and Seniors	Neighborhood House Assoc.	841 S 41st Street	San Diego	92113
1st Wednesday	9:00-12:00 & 1:00-3:00	Women, Children and Seniors	Cesar Chavez Park	455 Sycamore Rd	San Ysidro	92173
1st Thursday	9:00-10:30	Women, Children and Seniors	Sherman Height Comm. Center	2258 Island ave	San Diego	92102
1st Thursday	11:00-12:00	Seniors (RESIDENTS ONLY)	Horizons	1415 East 8th Street	National City	91950
1st Friday	10:00-1:00	Women, Children and Seniors	Ramona Head Start	415 8th Street	Ramona	92065
2nd Monday	9:00-11:00	Seniors	Oceanside Senior Center	454 Country Club	Oceanside	92054
2nd Monday	12:00-1:00	Women, Children and Seniors	Carlsbad Head Start @ the park	3368 Euerka Place	Carlsbad	92008
2nd Tuesday	10:00-12:00	Women, Children and Seniors	Good News Baptist Church	4106 Swift Ave.	San Diego	92104
2nd Tuesday	1:00-3:00	Women, Children and Seniors	St. Marks Church	580 Hilltop Drive	Chula Vista	91910
2nd Wednesday	9:00-12:00 & 1:00-3:00	Women, Children and Seniors	MAAC Project Chula Vista	1355 3rd Ave	Chula Vista	91910
2nd Wednesday	10:00	Seniors (RESIDENTS ONLY)	Oxford Apartments	555 Oxford Street	Chula Vista	91910
2nd Thursday	8:30-10:30	Women, Children and Seniors	Salvation Army - El Cajon	1011 East Main Street	El Cajon	92020
2nd Thursday	12:00-1:00	Women, Children and Seniors	United Methodist Church	3205 Washington Street	Lemon Grove	91945
2nd Thursday	1:30-2:00	Women, Children and Seniors	Terrace Gardens	3181 College Place	Lemon Grove	91945
2nd Friday	9:00-10:30	Women, Children and Seniors	Boy & Girls Club - Clairemont	4635 Clairemont Mesa Blvd	San Diego	92117
3rd Monday	9:00-12:00 & 1:00-3:00		Iglesia Puerta De Cielo	8450 Jamacha Rd	San Diego	92114
3rd Tuesday	Boulevard 9:00-11:00 Jacumba 1:00-3:00	Women, Children and Seniors	Back County Support	45612 old Hwy 80	Jacumba	91905
3rd Tuesday	9:00-10:00	Women, Children and Seniors	Foothills Christian Fellowship	315 West Bradley	El Cajon	92021
3rd Tuesday	10:30-12:00	Women, Children and Seniors	Lakeside Gardens	12219 Roberst Way	Lakeside	92040
3rd Wednesday	9:00-11:00	Women, Children and Seniors	National City Com. Food Bank	2605 Highland Ave	National City	91950
3rd Wednesday	12:00-2:00	Women, Children and Seniors	ESC National City	1805 East 17th St	National City	91950
3rd Wednesday	2:30-4:30	Seniors (RESIDENTS ONLY)	Summercrest	2721 E. Plaza Blvd.	National City	919950
3rd Thursday	9:00-10:00	Seniors (RESIDENTS ONLY)	Casa Pacifica	1424 30st St #C	San Ysidro	92173
3rd Thursday	10:30-11:30	Seniors (RESIDENTS ONLY)	Elm Adult Care Center	1220 Elm Ave	Imperial Beach	91932
3rd Thursday	1:00-2:30	Seniors	Golden Age Senior Center	740 36th Street	San Diego	92113
3rd Friday	9:00-12:00	Women, Children and Seniors	Colinas Head Start	4260 54th Street	San Diego	92115
4th Monday	9:00-12:00	Women, Children and Seniors	Los Ninos Head Start	221 West 7th Ave	Escondido	92025
4th Monday	1:00-3:00	Women, Children and Seniors	Fallbrook Community Pantry	1042 South Mission	Fallbrook	92028
4th Tuesday	9:00-12:00	Women, Children and Seniors	Salvation Army	730 F Street	San Diego	92101
4th Tuesday	1:00-2:00	Women, Children and Seniors	Columbia Towers	904 State Street	San Diego	92113
4th Wednesday	9:00-12:00 & 1:00-3:00	Women, Children and Seniors	MAAC Project Chula Vista	1355 3rd Ave	Chula Vista	91910
4th Wednesday	8:00-10:00	Women, Children and Seniors	Linda Vista Rec. Center	7064 Levant Street	San Diego	92111
4th Thursday	9:00-12:00	Women, Children and Seniors	Jamul Community Church, Dulzura and Descanso	14058 Jamul Drive	Jamul	91916
4th Friday	9:00-12:00	Women, Children and Seniors	St Stephans	5825 Imperial Ave	San Diego	92114
4th Friday	1:30-2:30	Seniors (RESIDENTS ONLY)	Villa Alta	4227 52nd St.	San Diego	92115

**\*For Distribution sites in El Centro and Calexico please call 760-353-6822**

Please bring ID, Household Income, proof of address and the child's birth certificate.  
If your distribution lands on a holiday call the food Bank at 866-350-FOOD(3663)