

San Diego Food Bank Volunteer Work Agreement

Volunteer Application

Today's Date: _____

Last Name: _____ First Name: _____

Name of group, company or agency you represent: _____

Mailing Address: _____

City, State: _____, _____ Zip: _____

Phone: (H) _____ - _____ (O) _____ - _____ Birthday: _____
(Optional)

E-mail Address: _____

Emergency Contact: _____ Phone: () _____ - _____ Cell: () _____

Background

Education: _____ Current Occupation: _____
(Optional)

Languages: Spanish/Others: _____

Are you required to do **Court Ordered Community Service (see Food Bank Policies)**? Yes ___ No ___ How many hours? ___ What is the offense? _____ Please provide Case Number _____

Are you a participant in a **government sponsored program**? Yes ___ No ___ Which One? _____

Are you a student required to perform community service? Yes ___ No ___ Which School? _____

Number of hours to complete: _____ Date required by: _____

Physical Limitations

Are you taking any medication we should be aware of? _____

Do you have any **back problems**? Yes ___ No ___

How many pounds do you feel comfortable **lifting**, approximately? _____

Do you require (or prefer) a **seated volunteer position**? Yes ___ No ___

Availability

Monday ___ Tuesday ___ Wednesday ___ Thursday ___ Friday ___ Saturday ___

How Often? weekly ___ monthly ___ on-call ___ short notice ___

Number of hours: _____

Are you willing to help with special events? _____

Skills and Interests

Please check off the skills and interests that apply to you. If there are any areas where you do not want to be involved, just write **NO** next to the area.

Skills

Data entry ___

Filing ___

Customer service ___

Manual labor ___

Other: ___

Interests

warehouse ___ office work ___

packing ___ custodial work ___

sorting ___ agency relations ___

Marketplace ___ gardening ___

Previous or Current Volunteer Experience

Please list any previous volunteer experience that you may have: _____

How did you hear about the San Diego Food Bank? _____

For Office Use Only

Date Rec'd ___ Rec'd By ___ Orientation/Tour ___ Assignment ___ Other ___