

You can choose the distribution site, day and hours more convenient to you, as long as you go back to the same distribution site every month.

Low income seniors over 60, children under 6 years old; pregnant, breastfeeding and postpartum women.

Please bring proof of household income, proof of address, photo I.D. and the Child's Birth Certificate.

**Commodity Supplemental Food Program - San Diego Food Bank**

Distribution Day	Distribution Hours	Participants served	Site Name	Address	City	ZIP Code
1st. Week		Seniors	Elm Adult Day Health Care Center	1220 Elm Avenue	Imperial Beach	91932
1st. Week		Seniors	Casa Pacifica Adult Health Care	1424 30Th Street	San Diego	92154
1st. Tuesday	1:00 to 4:00	W&C - Seniors	Neighborhood Houste Association.	841 South 41st. Street	San Diego	92113
1st. Tuesday	9:00 to 11:00	W&C - Seniors	Lakeside Gardens	12219 Roberts Way	Lakeside	92040
1st. Wednesday	9:00 TO 12:00	W&C - Seniors	Cesar Chavez Community Center	455 Sycamore Street	San Ysidro	92173
1st. Thursday	9:00 to 10:30	W&C - Seniors	Sherman Heights Community Center	2258 Island Ave.	San Diego	92102
1st. Friday	Afternoon, information: (760) 767-4811	W&C - Seniors	Borrego Springs Head Start	848 Palm Canyon Drive	Borrego Springs	92004
1st. Friday	10:00 TO 12:00	W&C - Seniors	Ramona Head Start	415 8th Street	Ramona	92065
1st. Friday	9:00 TO 10:00	Seniors	Villa Alta Apartment Complex	4227 52Nd Street	San Diego	92115
2nd. Monday	9:00 to 12:00	W&C - Seniors	Los Niños Head Start	221 West 7Th Avenue	Escondido	92004
2nd. Monday	9:00 to 10:30	W&C - Seniors	Carlsbad Head Start	3368 Eureka Street	Carlsbad	92008
2nd. Tuesday	10:00 to 12:00	W&C - Seniors	Good News Missionary Baptist	4106 Swift Avenue	San Diego	92104
2nd. Wednesday and on	Information on distribution days: (619) 286-1100	Seniors	Mid-City Christian Services	6184 University Ave.	San Diego	92115
2nd. Wednesday	9:00 to 10:30	Seniors	Lutheran Social Services (St. Marks Church) Project Hand	580 Hilltop Drive	Chula Vista	91910
2nd. Wednesday	From 9:00 to 12:00 and from 1:00 to 3:00 PM	W&C - Seniors	MAAC Project	1355 Third Avenue	Chula Vista	91911
2nd. Wednesday	12:00	Seniors	Oxford Apartments	555 Oxford Street	Chula Vista	91911
2nd. Wednesday	12:00 to 2:00	Seniors	Euclid Terrace Apartment Complex	248 Euclid Ave.	San Diego	92114
2nd. Thursday	1:00 to 2:00	Seniors	United Methodist Church Fellowship Hall	3205 Washington Street	Lemon Grove	91945
2nd. Thursday	2:00 to 3:00	Seniors	Lemon Grove Terrace Gardens	3181 College Place	Lemon Grove	91945
2nd. Thursday	9:00 to 10:30	W&C - Seniors	Choice Chirstian Center	760 W. Palm Ave.	El Cajon	92020
2nd. Fri & Sat	W&C Fri 6:00 to 7:00m PM Seniors Sat 6:00 to 9:00 AM	W&C - Seniors	Webster Head Start	2930 Marcy Ave	San Diego	92113
2nd. Friday	9:00 to 10:30	W&C - Seniors	North Clairemont Coalition Health Start - Boys and Girls Club	4635 Clairemont Mesa Blvd	San Diego	92117
2nd. Friday	Early morning - Information: (760) 353-6822	W&C - Seniors	Catholic Charities	250 West Orange Avenue	El Centro	92243
3rd. Monday	W&C 9:00 to 12:00 Seniors 1:00 to 3:00	W&C - Seniors	Iglesia Puerta del Cielo	8450 Jamacha Road	San Diego	92114
3rd. Monday	9:00 to 10:30	Seniors	Southcrest Community Center	4149 Newton Ave.	San Diego	92113
3rd. Tuesday	9:00 to 10:00	W&C - Seniors	Foothills Christian Fellowship	315 West Bradley	El Cajon	92021
3rd. Tuesday	Boulevard 9:00 to 11:00 Jacumba 1:00 to 3:00	Seniors	Back Country Support	45612 Old. Hwy 90	Jacumba	91905
3rd. Wednesday	11:00 to 1:00	W&C - Seniors	ESC Head Start National City	1805 East 17Th Street	National City	91950
3rd. Wednesday	9:00 to 11:00	W&C - Seniors	Community Food Bank of National City - Highland Baptist	2605 Highland Avenue	National City	91950
3rd. Wednesday	2:00 to 4:00	Seniors	Summercrest Apartment Complex	2721 East Plaza Blvd	National City	91950
3rd. Thursday	10:30 to 12:00	Seniors	Golden House Adult Health Center	7373 University Avenue	San Diego	92115
3rd. Friday	9:00 to 11:00	W&C - Seniors	Del Colinas Head Start	4260 54Th Street	San Diego	92115
3rd. Friday	9:00 to 10:00	Seniors	Jackie Robinson YMCA	151 YMCA Way	San Diego	92102
3rd. Friday	10:30 to 12:00	Seniors	Golden Age	740 36th. Street	San Diego	92113
4th. Monday	9:00 to 11:00	Seniors	Oceanside Seniors Center	454 Country Club	Oceanside	92054
4th. Tuesday	9:00 to 11:00	Seniors	Salvation Army	730 F Street	San Diego	92101
4th. Tuesday	12:00 to 1:00	Seniors	Columbia Tower Apartment Complex	904 State Street	San Diego	92113
4th. Wednesday	9:00 TO 12:00	W&C - Seniors	South Bay Make Day	1355 Third Avenue	Chula Vista	91911
4th. Wednesday	3:00 to 4:00	Seniors	Santa Sophia's Church	9800 San Juan Street	Spring Valley	91977
4th. Wednesday	8:00 to 10:00	Seniors	Lindavista Recreation Center	7064 Levant Street	San Diego	92111
4th. Thursday	9:00 to 12:00	W&C - Seniors	Jamul Community Church - Dulzura and Descanso	14058 Jamul Drive	Jamul	91935
4th. Friday	9:00 to 11:00	W&C - Seniors	St. Stephen's Church	5625 Imperial Avenue	San Diego	92114
4th. Friday	Early morning - Information: (760) 353-6822	Seniors	Our Lady Of Guadalupe Church	45 Enzinas	Calexico	92231